

# **The Bun Penny**

*freehouse & restaurant*

*We hope you enjoy our new Summer Menu.  
All our food where possible is locally sourced & is prepared & cooked  
fresh to order, so there may be a little delay when we are very busy.  
Please also see our daily specials board*

## **Nibbles**

*Ideal to share or keep to yourself*

### **Bowl of Olives (v)**

**£2.50**

### **Mixed Breads & Oils (v)**

**£2.95**

### **Bowl of Nachos (v)**

Topped with cheese with or without bacon & a spicy salsa dip

**£3.95**

### **Garlic & Rosemary Crusted Camembert (v)**

Selection of crudités, fresh salad & toasted ciabatta

**£8.25**

## **Starters**

### **Home Made Soup (v)**

Served with crusty bread & butter

**£3.95**

### **Roasted Vegetable Frittata (v)**

With a cherry tomato salad & balsamic reduction

**£4.95**

### **Tempura Battered Black Tiger Prawn Skewers**

Served with a sweet chilli dipping sauce & soy dressed leaves

**£6.25**

### **Tomato and Red Onion Bruschetta (v)**

Topped with melted goats cheese & basil pesto

**£4.75**

### **Devilled Whitebait**

Served with bread & butter & an aioli dip

**£4.95**

## **Moderate or Main Dishes**

### **Pasta of the Day (v)**

Served with garlic bread & side salad

**£6.95/£8.95**

### **Local Sausages & Mash**

Crisped leeks, seasonal vegetables & rich red wine sauce

**£6.95/£8.95**

### **Beer Battered Cod**

With chips, peas & Coriander tartar sauce

**£6.25/£7.95**

Please note fish dishes may contain bones & as our chefs use nuts there may be traces of nuts in all our products

## Main Dishes

### Stuffed Red Pepper (v)

with ratatouille & served on long grain rice

**£9.25**

### Short Crust Pie

with a choice of potatoes & seasonal vegetables & rich gravy

**£9.50**

### Fillet of Smoked Haddock

served with a pea & mint risotto, topped with a poached egg & crispy bacon

**£10.50**

### Classic Beef Burger or

### Grilled Chicken Breast

topped with bacon & cheese on an open ciabatta bun with salad, onion ring & chips

**£8.95**

### Sesame Crusted Pork Medallions

with stir fried vegetables & egg noodles in a light chilli, ginger & soy sauce

**£10.50**

### ½ Chicken Cacciatore

tomatoes, mushrooms, oregano, garlic & chilli served on Savoy cabbage with sauté potatoes

**£10.95**

### 8oz Rump or Rib-Eye Steak

served with a choice of potatoes, a Mediterranean vegetable skewer & a choice of sauces

**£11.25/£14.95**

### Fillet of Sea Bass

served on crushed new potatoes, with a capsicum & lime salsa topped with rocket leaves

**£11.95**

### Pan Roasted Lamb Rump

with garlic green beans, creamed mashed potatoes & red wine & mint reduction

**£14.95**

## Salads

### Chicken & Smoked Bacon Caesar Salad

with rosemary & garlic croutons

**£8.25**

### Sausage & Smoked Bacon Salad

crushed potatoes topped with a poached egg

**£8.25**

### Greek Salad (v)

with Feta, olives, cherry tomatoes & red onion

**£7.50**

### Ham or Cheddar Ploughman's (v)

served with local chutney & crusty bread

**£7.95**

## Side Orders

Chips/Cheesy Chips £1.95/£2.25

Onion Rings £1.95

Dressed Side Salad £2.50

Bowl of Fresh Seasonal Veg £2.50

Garlic bread/Cheese £1.95/£2.25

Bread & Butter £1.00

### **Tom, Jen and the Bun Penny Team**

*hope you have an enjoyable meal. If however, you have a dietary requirement or you do not see anything you fancy, please ask us, we will be more than happy to try & accommodate you.*